

PCC# \_\_\_\_\_

Cary/Apex/Fuquay-Varina  
Pediatrics Center



## Over 18 HIPAA Release and Authorization Form

I understand and acknowledge that as of my 18th birthday, my parents and/or guardians will no longer be permitted access to my medical records, information, providers, or inquire about appointment status without my specific written permission. Cary/Apex/Fuquay-Varina Pediatrics will not release medical information to my parents without my written authorization in accordance with this document.

\_\_\_\_\_ **I DO NOT** grant any access to my parents and/or guardians. **No medical information, records or appointment status information can be discussed or released.**

\_\_\_\_\_ **I WISH TO** grant my parents and/or guardian access to my healthcare providers and/or medical information as follows:

\_\_\_\_\_  
(Print Name of the parent or guardian; indicate his/her relationship to you.)

\_\_\_\_\_  
(Print Name of second parent or guardian; indicate his/her relationship to you.)

\_\_\_\_\_ I give the above-named individual(s) permission to act on my behalf with no limitations. I understand that they may contact any provider or staff member to discuss my healthcare, and access my complete medical records. **THEY HAVE NO RESTRICTIONS.**

\_\_\_\_\_ I give the above-named individual(s) permission *to request refills and pick up my prescriptions.*

\_\_\_\_\_ I give the above-named individual(s) permission *to access my chart in the patient portal.*

\_\_\_\_\_  
PATIENT PRINTED NAME

\_\_\_\_\_  
DOB

\_\_\_\_\_  
PATIENT SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
**PATIENT CONTACT NUMBER**

**I acknowledge that I have received the Notice of Privacy Practices \_\_\_\_\_.** (Initials)

This authorization is valid for one year from the date signed. I understand that I can withdraw consent at any time by providing Cary/Apex/Fuquay-Varina Pediatrics with written notice indicating the changes in access. I understand that authorizing this disclosure of this health information is voluntary.

I need not sign this form to assure healthcare or treatment. I understand that once the above information is disclosed it may be re-disclosed by the recipient and may no longer be protected by federal or state privacy regulations.